



Mount Kenya: The second highest peak in Africa.

## WHERE does my **MITE BOX** make a difference?

Kenya is a country on the east coast of Africa. The Equator runs through the middle of the country. The country's name comes from the Kamba tribal language name for the large mountain which sits close to the center of the country: Mount Kenya. The capital city is Nairobi.

## Clues About Kenya

- There are over 56 million people in Kenya. They are called Kenyans.
- The 2 official languages are English and Swahili
- The lilac-breasted roller is the national bird
- Some Kenyan foods are Githeri (boiled beans and corn), Irio (mashed peas and potato), and Ugali (a thick paste of cornmeal and boiled water)
- Over 1 million children ages 6-14 do not go to school
- 11% of children under 5 are underweight
- The average family lives on about \$2,140 per year
- Due to current drought conditions, about 4.1 million people are severely food insecure



## HOW does my MITE BOX make a difference? Mutunguru, Kenya

is a rural place of great natural beauty, about 60 miles north of Nairobi. It is an agricultural community of about 2,000 families who are spread out and surrounded by farms of pineapples and tea. It is also home to what is believed to be the tallest native tree in Kenya, called the Mutunguru Tree. It can be seen from 25 miles away!

Most people grow their own food but sometimes it is not enough to keep everyone healthy and properly fed.

Missionary Childhood members have helped to feed children at Saint Joseph Parish when necessary. MCA also makes sure that their souls are nourished as well.



“Keep God in your hearts,” Father Moses Kago tells the MCA members of St. Joseph’s Church in Mutunguru, Kenya. That same rural community nurtured his vocation to the priesthood. “The Holy Spirit can help you do extraordinary things even when bad things happen,” he adds. Father Kago also emphasizes the missionary aspect of our faith. “We do not only receive, we also give,” he explained. They’ll have that chance on October 23 when the worldwide Church celebrates World Mission Sunday and ALL Catholic pray for and give to the missions. Make sure you are ready!



Photo Credit: CNS

Did you know that Missionary Childhood is for all Catholic children? Even in places where young people are receiving help from MCA, they are learning to pray and give as well.

In Kenya, MCA members meet at big rallies - sometimes with thousands of members attending! They have uniforms, too!

